

ICAN MISSOURI FOUNDATION

1-660-269-8767



WWW.ICANMO.ORG



105 NORTH AVE
MOBERLY MO, 65270



Value Word - Creativity

You don't have to be a crafty person or an artist to be considered creative. Creativity takes many forms; a solution to a problem, or a new process that simplifies a work responsibility is you being creative. Anyone can develop a creative sense; it can be nurtured. Good sleep, open to change, listening to others' ideas and daydreaming can help creativity develop. Interesting enough it also takes both the right and left hemispheres of your brain to be creative. Creativity does not care about your age your health or limitations just that you are willing to think and brainstorm!

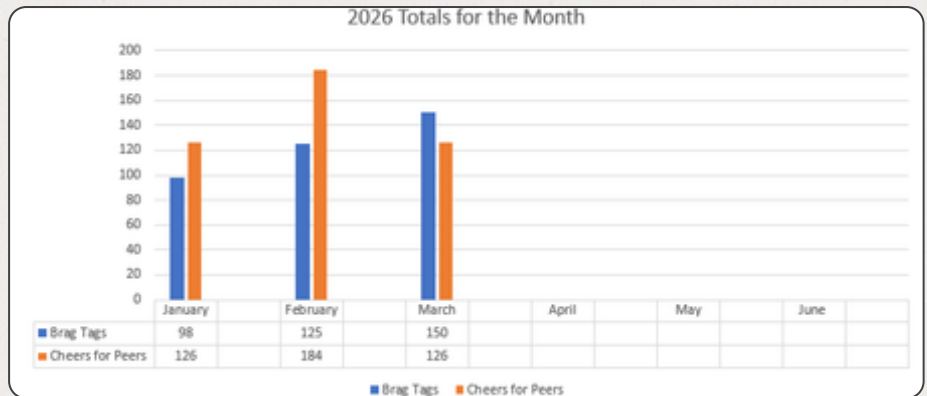
COMMUNITY EVENTS-

Friday 15th- Friday Car Cruise with Jordan Heckmeyer concert- Downtown 5-9PM

Wednesday 20th- BCBH (Building Communities for Better Health Coalition) Randolph County Health Department 9-10 AM

Thursday 28th- Randolph County Farmers Market 315 North Clark 4-7PM

Cheers for Peers & Brag Tags



Jorge-
Favorite Movie- Harry Potter and the Sorcerer's Stone
Favorite Trip- I saw the Liberty Bell as a kid
Favorite Artist/Song- I love AC/DC Dirty Deeds Done Dirt Cheap



Amelia-
What SUPERPOWER do you want- Flight
Favorite thing about ICAN- The people I help and the teamwork
My most unusual pet- Fennec Fox

SATURDAY OUTINGS
COME JOIN THE FUN YOU DONT WANT TO MISS OUT ON....
MAY 2ND- HLR MOTOSPORTS MOBERLY RACE TRACK
MAY 16TH- HIKE AND PICNIC AT KATY TRAIL
-WEATHER PERMITTING-

Mental Health Awareness Month-

This year’s theme from MHA, Mental Health America— More Good Days, Together — encourages us all to reflect on what a “good” day looks like, both for ourselves, and for our communities. Together, we can use that insight to connect people to the right support at the right time, and shape advocacy, education, and community engagement to make more good days possible for all.



Some of our best times are spent at the many beautiful and fun parks we have in Moberly.

“Stronger Together: Community Life in Action”



We had a great time helping Family Life Fellowship Church stuff easter eggs for their Great Easter Egg Hunt.



We wore orange to show our support for National Disabilities Month. Although we have some disabilities, we are full of so many capabilities! We focus on the abilities; they make us shine!



We participated in the Parks and Rec Easter Egg Hunt around town. It was a good time following the clues from one egg to another.



From time to time we will bake some yummy goodies and share with others in the community. This last Take and Bake was given to the Moberly Fire Department.



Special Days

Tuesday 5th - Wear your ICAN T-shirt

Sunday 10th - Mother's Day

Thursday 14th - Wear Red/WHITE/BLUE

Wednesday 20th - Wear Yellow

Thursday 28th - Wear flip flops or sandals

Monday 25th - Closed for Memorial Day

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